



One Campus, One Book is back for 2020 and the selection is ***If Our Bodies Could Talk: a Guide to Operating and Maintaining a Human Body*** by James Hamblin. In 2014, Hamblin launched a series of short-form videos for *The Atlantic* called "[If Our Bodies Could Talk](#)." With it, the doctor turned journalist established himself as a seriously entertaining authority in the field of health. In illuminating and genuinely funny prose, Hamblin explores the human stories behind health questions that never seem to go away—and which tend to be mischaracterized and oversimplified by marketing and news media.

*"If you want to understand the strange workings of the human body, and the future of medicine, you must read this illuminating, engaging book."* --Siddhartha Mukherjee, author of *The Gene*.

**All new students will receive a free ebook copy.** Ebooks will be distributed to other students while supplies last, students can contact [uas.ocob@alaska.edu](mailto:uas.ocob@alaska.edu) to request one. A limited number of print copies will be available on campus and via library collections.

**Faculty are eligible for a digital desk copy**, email Jonas Lamb to request yours ([j.lamb@alaska.edu](mailto:j.lamb@alaska.edu)).

## Events

### **A Conversation with James Hamblin**

Thursday Sep 3, 6-7pm AKST  
Zoom and FB Live

Hamblin will discuss his work as a health journalist and participate in an interactive conversation and moderated QA with attendees. The event will be moderated by Jonas Lamb of the UAS Egan Library and is open to all. Join on Zoom (ID:919 8999 9378) or via the UAS (UASAlaska) Facebook Page.

### **OCOB Virtual Book Discussion #UASReads**

Aug 19-Sep 2 on Twitter

Starting August 19, Egan Library will host a series of Twitter chats, using the hashtags [#IfOurBodiesCouldTalk](#) and [#UASReads](#). Each Wednesday, over three weeks, at 3 p.m. AKST, we'll post discussion questions devoted to different sections

of the book (on August 19; Appearing & Perceiving; on August 26; Eating & Drinking, and on September 2; Relating & Enduring). We encourage you to respond and to share your own thoughts and reactions to the book.

Faculty are encouraged to incorporate the book, videos or themes into your course(s) where appropriate. Here are some links to resources:

[Paging Dr. Hamblin](#). Weekly column in The Atlantic

[If Our Bodies Could Talk](#): video playlist on YouTube. Videos are typically less than 6 minutes.

James Hamblin has also agreed to an additional meeting with a UAS class or smaller group of students. If you are interested in having James Hamblin visit your class, or with a student club that you advise, let me know the days/times your course meets and I'll see if it can be arranged.

If you are interested in participating on the selection committee and helping make the next selection or plan events, please contact me. This activity counts as University Service for promotion and tenure. If you develop discussion questions about the book, please share them!

Have a Great Semester,

Jonas Lamb

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